

## Mobility Research

LLC Education Department is pleased to present;

**Mike Studer**

### **Mandag den 23. Marts 2020 fra kl. 8.00 – 16.45**

Holbæk Sygehus

Acacievej 5, indg. L2, 1 sal. (festsalen)

4300 Holbæk

#### Program

- 08:00 - 08:15; SIGN IN
- 08:15 - 08:30; Introduction, outline, goals
- 08:30 - 09:00; Defining cognitive impairments, motivation, depression and associated concepts as related to rehabilitation
- 09:00 - 09:40; Promoting recovery of cognition through neuroplasticity and recovery: Awareness, Attention, and problem-solving
- 09:40 - 10:10; Recent advances in research and evidence based practice: the psychology of rehabilitation
- 10:10 - 10:30; **Break**
- 10:30 - 11:00; Interventions in motivation, cognition: attention, awareness
- 11:00 - 11:25; Interventions in self efficacy, autonomy and motor control
- 11:25 - 12:10; Patient demonstration
- 12:10 - 12: 20; Summary and discussion, questions
- 12:20 – 13:00; **Break**
- 13:00 – 13:10; Beyond the Basics: The ADVANCED concepts in stroke rehabilitatin
- 13:10 – 13:25; Forced use of the UE - Motor AND sensory
- 13:25 – 13:45; Forced use of the LE - Motor, sensory, and psychology (confidence)
- 13:45 – 14:10; Recreating automaticity
- 14:10 – 14:30; Adaptability – Practical strategies to reduce tone and increase consistent function
- 14:30 – 14:50; The severely impaired and frail patient management approaches
- 14:50 – 15:00; **Break**
- 15:00 - 15:20; Maximize your patient engagement
- 15:20 – 16:30; Patient demonstration
- 16:30 – 16:45; Summary and questions

#### Tilmelding

Pris pr. person inkl. forplejning Dkk. 2.500,00 ved tilmelding inden den 1. februar 2020 ½ pris Dkk. 1.250,00.

Indsend navn, arbejdssted og EAN nr. pr. mail. Tilmelding er bindende og gebyret opkræves ved tilmelding.

Ved spørgsmål eller andet er I meget velkomne til at kontakte os på tlf. 8680 1807 eller via mail;

[info@mobilityresearch.dk](mailto:info@mobilityresearch.dk), se mere på vores hjemmeside [www.mobilityresearch.dk](http://www.mobilityresearch.dk)



**Mike Studer, PT, MHS, NCS**

Mike received his physical therapy degree from the University of Missouri-Columbia and his post-professional MHS degree in physical therapy with neurologic emphasis from the University of Indianapolis. Mike is recent past Chair of the Geriatric Section’s Balance and Falls Special Interest Group and is now the Vice-Chair of the same group for the Neurology Section of the APTA. He has served as a two-term vice-president of the Neurology Section of the APTA and has been board-certified as a Clinical Specialist in Neurologic Physical Therapy since 1995.

Mike recently earned the Certified Exercise Expert in the Aging Adult (CEEAA) designation by the Geriatric Section of the APTA. Mr. Studer is a full-time treating therapist at and founder of Northwest Rehabilitation Associates, in Oregon. Having presented courses on cognitive processing in mobility and ADLs since 1995, Mike has additionally published over 19 articles on the subjects of balance, stroke, cognition, and geriatric rehabilitation, including such manuscripts as PT Journal, the Journal of Neurologic Physical Therapy and Topics in Geriatric Rehabilitation.

He has been a guest lecturer at multiple state and national conventions as well as universities, presenting multiple times on an international basis. In 2011, Mike received the Neurology Section Clinician of the Year – a national award from the American Physical Therapy Association. In 2014, he received the same award from the Geriatric Section of the APTA – making him the only clinician to have received these awards from two different sections on a national level.